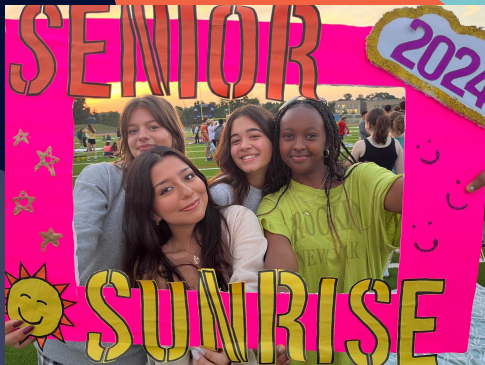


Welcome Class of 2024



AGENDA

01

Student Services

Ms. Korpacz, Ms. Powell,
Ms. Wood, Mr. McMahon

02

Graduation

Mr. Peters, Dr. DiSalvo

03

All Night Grad Party

PTSO

04

Class Information

Senior Class Sponsors &
Class Council Members



01

Student Services

Celebrate Your Plan Day!

When: Monday, May 20, 2024 - During ALL Lunches

Where: Auditorium Lobby

What is it? What's your post-high school plan? Employment? College? Trade School? Military Service? Gap Year? Let's celebrate YOU and your unique journey! 🎈 Write your plans on paper balloons and see them proudly displayed until graduation. 🍬 Treats, music, photo ops, and more await you! Don't miss out on the fun!

Senior Transcripts

- Mid-Year transcripts will automatically be sent in mid-February to any college for which you've submitted a transcript request form. You do not need to submit an additional request for mid-year grades.
- If you applied to a college and did not submit a transcript request form, you need to do that before we can release your mid-year transcript. Please see Mrs. Glover in Student Services.
- Final transcripts will be sent to the ONE school you plan to attend. This information will be collected through the end-of-year Senior Survey (additional info to come later in the spring).

College/Community Wellness Resources

Concerns

- Academic Success
- Stress Management
- Mental Health
- Substance use/abuse
- Adjustment to college/job
- Disability (learning or physical)
- Physical Fitness

Resources

- College Academic Advisor/Professor
- Campus Counseling Center/Student Support Services
- Private Therapist
- Career Services/Career Counselor
- Primary Care Physician/Student Health Center
- Campus Student Mentor
- Parent/Guardian/Family Member
- Emergency Room for urgent situation
- Campus gym/gym membership for exercise

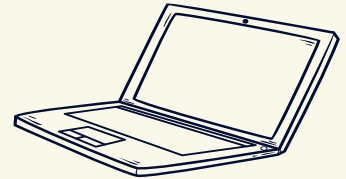


**Grade 12
Drug Education:
Lesson 1**



Essential Question

Why is it important to maintain a healthy mind and body beyond high school?



Learning targets

- I can distinguish between effective and non-effective ways to navigate scenarios involving substance misuse and overdose.



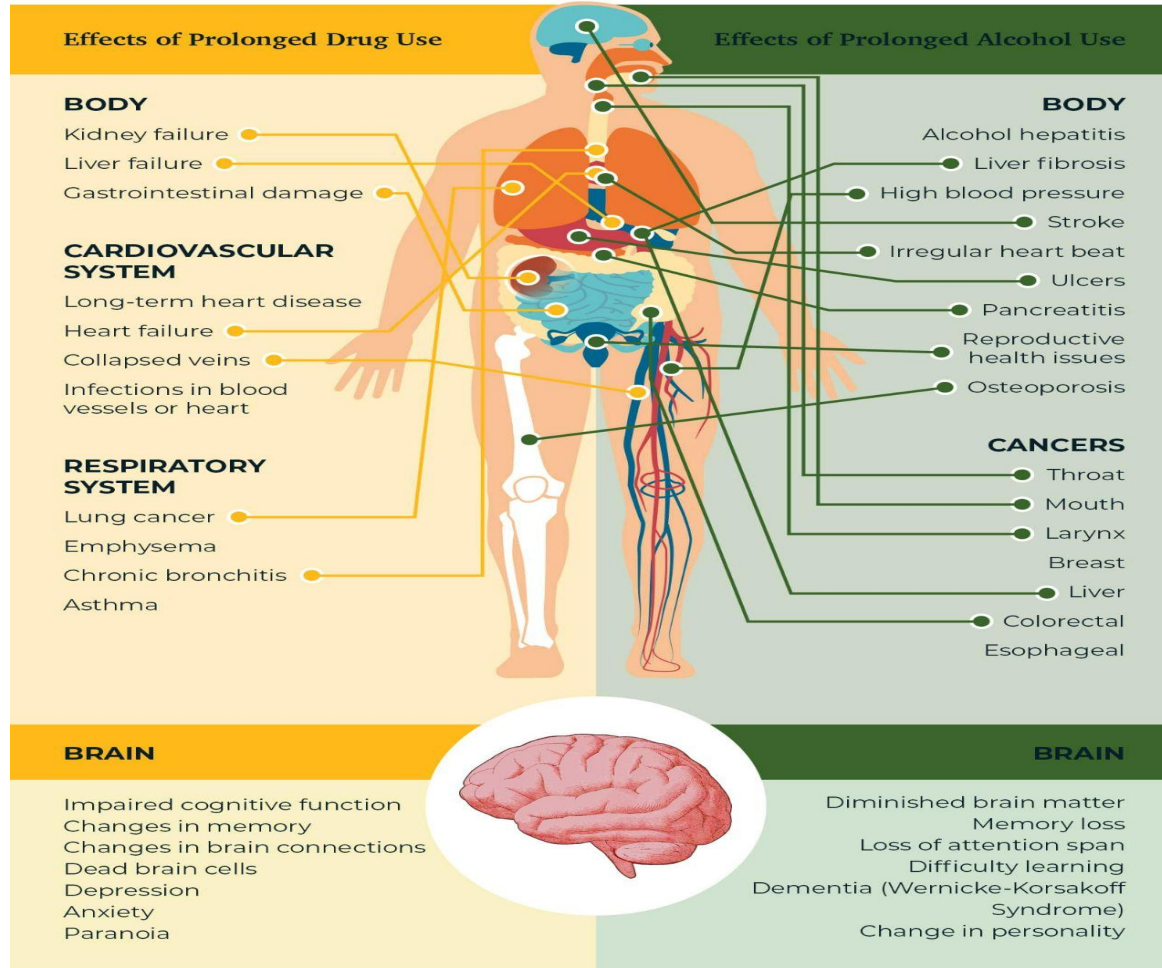
True or False? Most teens and young adults are using drugs.

FALSE.

18- to 25-year-olds in Virginia are **7.73% less likely to use drugs** than the average American in the same age group.



Long-term Health Effects of Prolonged Drug & Alcohol Use



Opioids: Fentanyl



HOW TO RECOGNIZE THE SIGNS OF AN OVERDOSE.



UNRESPONSIVE



IRREGULAR
BREATHING



GRAY, BLUE,
OR PALE
SKIN COLOR



VERY SMALL
PUPILS

HOW TO REVERSE AN OVERDOSE.

Immediate action saves lives! Good Samaritan Laws protect you when you are trying to help someone in need.

CALL 911 IMMEDIATELY

Call 911, or direct someone nearby to call and say that you are supporting a suspected overdose.



ADMINISTER NALOXONE

Even though the person is unresponsive, 1) Announce that you are going to give naloxone 2) Spray the naloxone in the person's nose.



ADMINISTER CPR

Tilt the individual's head back to make sure their airways are open.

Apply chest compressions.



GIVE NALOXONE AGAIN

Administer additional Naloxone if the person does not regain color or breathing, otherwise continue chest compressions, until help arrives.



REMAIN CALM & COMFORTING

If the person is revived, remain calm and compassionate and encourage them to accept help or stay in a public place.



YOU DECIDE: Which responses are effective or ineffective in assisting a friend that may be experiencing an overdose.

Scenario: You are hanging with a group friends at their house. Suddenly, you notice one friend is unresponsive with irregular breathing, you suspect they may have taken a pill, but you aren't sure.

1. Let them sleep.

2. Call 911.

3. Alert your other friends. You know that one of them carries naloxone and is trained to administer it.

4. Get your friend some water and prop them up with pillows.

5. Leave the party incase the police are called.

6. Begin CPR.

+ Think, pair, share

What are some ways that drug and alcohol use can impact a person's behaviors and relationships?



Other impacts of substance misuse

- **Drug dependence.** Some teens who misuse drugs are at increased risk of substance use disorder.
- **Poor judgment.** Teenage drug use is associated with poor judgment in social and personal interactions.
- **Sexual activity.** Drug use is associated with high-risk sexual activity, unsafe sex and unplanned pregnancy.
- **Mental health disorders.** Drug use can complicate or increase the risk of mental health disorders, such as depression and anxiety.
- **Impaired driving.** Driving under the influence of any drug affects driving skills. It puts the driver, passengers and others on the road at risk.
- **Changes in school performance.** Substance use can result in worse grades, attendance or experience in school.
- Drug use can result in **drug addiction, serious impairment, illness and death.**

Substance misuse can impact people's behaviors and relationships, what can you do if you notice some of these changes?



Scenario: Your cousin is supposed to be your ride home from a concert. When it is time to leave you notice that they have dilated pupils, slurred words, and difficulty concentrating. It is obvious they have used drugs or alcohol. You do not have your license and cannot drive home.

Which response is best and why?

- A. Ask another friend to drive everyone home, they had one drink, but they are only buzzed and seem like they would be a better driver than your cousin.
- B. Call for another ride to get yourself, friends and cousin home safely with a sober driver.
- C. Find a sober friend at the event and get yourself a safe ride home.

Reflection

After today's learning, complete this sentence frame:

“I used to think _____ and
now I think _____.”

Additional Student Resources

- Sign up for a [free virtual REVIVE! training](#)- [REVIVE!](#) trains individuals on what to do and not do in an overdose situation, how to administer naloxone, and what to do afterwards, and this course is now being provided online.
- [*Student Narcan Policy*](#)
- [Community Resources](#)
- [Al-anon: Help and hope for families affected by someone else's alcohol/drug misuse](#)
- [Alateen: Help and hope for teens affected by someone else's alcohol/drug misuse](#)
- [Fairfax-Falls Church Community Services Board for mental health/substance abuse](#)
- [Chris Atwood Foundation](#)
- [Mental Health Resources from Fairfax County Government](#)
- [This Is Quitting from Fairfax County Government](#)



02

Graduation

Graduation Day!

Thursday, June 6, 2024

2:00 PM

Eagle Bank Arena (GMU)

- Tickets are not needed
- There is no limit on number of guests
- No items permitted inside the arena
- Live streaming available
- Accessible seating available on first come basis
- Victor O'Neill photographers will be taking pictures
- Dress Code - No sneakers, shorts, flip flops, etc.

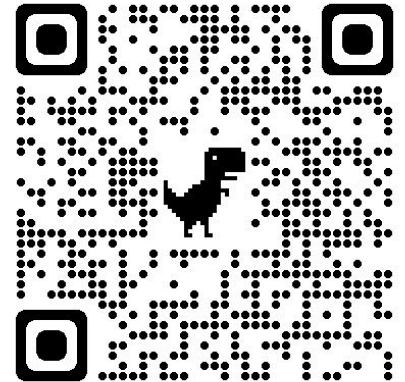
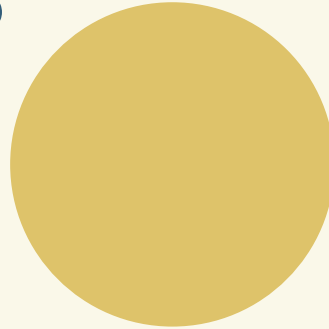
Senior Dues - Required

Senior Dues are \$70.

Dues cover items such as graduation cap and gown, diploma cover, programs and other graduation day items and costs.

Senior dues can be paid online using MySchoolBucks (or by cash or check)
(scan QR code to access site)

Reminder: You will not be able to get your Cap & Gown until all obligations are cleared and paid!

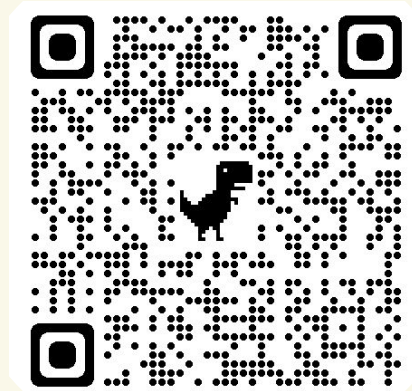
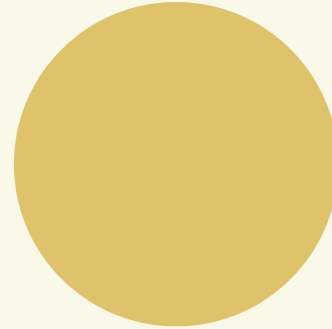


Cap & Gown Sizing

Cap and Gown sizing google form was presented to seniors during a 3rd Return lesson in September.

We currently have 102 seniors who **DID NOT** complete their sizing form!

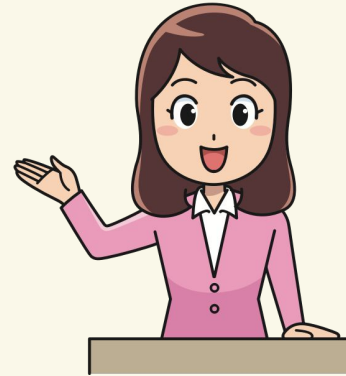
Please take your phones out and scan this QR code. The form will either open for you to complete, or will provide a prompt saying it has already been completed.



Graduation Commencement Speaker

We need your input on your commencement faculty speaker!

Please fill out the QR Code survey at the end of this presentation.



Year End Dates:

Final Exam Schedule - week of May 28 (*to be finalized and communicated out in the coming days*)

Last Day of School for Seniors - **Fri, May 31**

Laptop Collection / Cap & Gown Distribution - **TBD**
(*either Fri, May 31 or Mon, June 3*)

Senior Awards Ceremony - **Mon, June 3** (*tentative - to be confirmed in coming days*)

Year End Dates (con't):

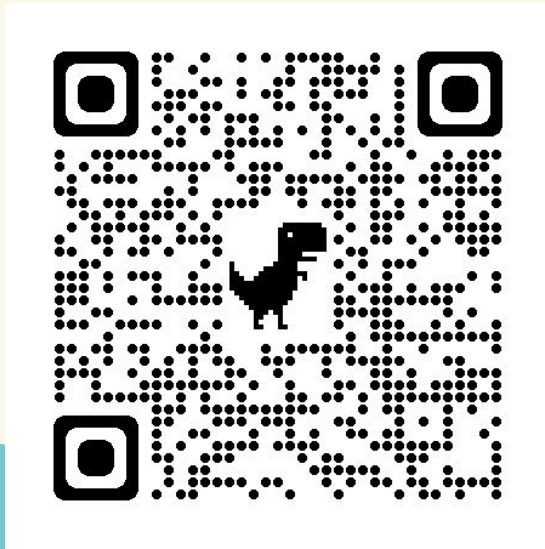
Senior Sunset - *TBD*

Senior Picnic (*tentative*) - *TBD*

Senior Class Trip (*tentative*) - *date and destination TBD*

Class of 2024 website:

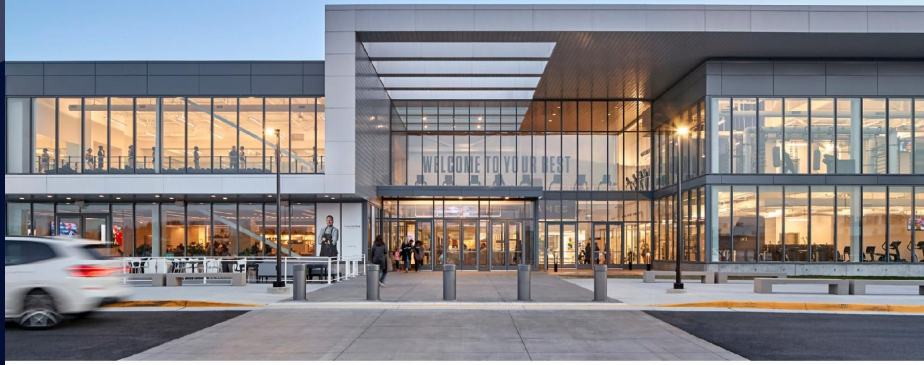
As senior year-end dates are finalized, all information will be posted to the Class of 2024 website (bookmark for future use)





Woodson High School Class of 2024

All-Night Grad Party at the St. James



03

All Night Grad Party

Where?

The St. James

When?

June 6th 11pm -
June 7th 4am

How to Attend:

Tickets are \$80, but prices will go up the closer we get to Graduation!
Purchase online via PTSO website



Woodson High School Class of 2024
All-Night Grad Party at the St. James

<https://wtwoodsonptso.ptboard.com/school/cm?mid=2656>

woodsonangp@gmail.com

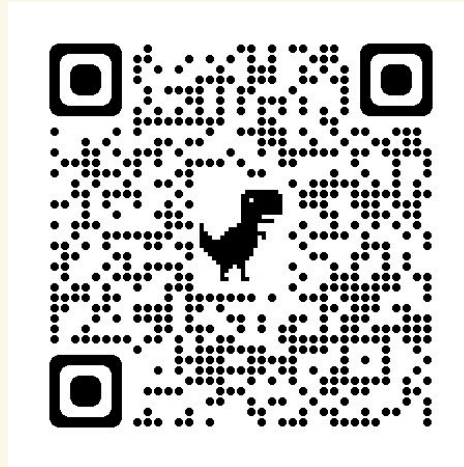
What to do there?

Football, soccer, basketball, volleyball, yard games, obstacle course, swimming, climbing structures, trampolines, ropes course, nerf battle zone, caricature artists, photo booth and, of course, the famous Casino! Fabulous food and drinks are also included!

What does your entry get you?

The ticket price includes entry to The St. James, \$25,000 in Cav Cash to be used at the Casino, and 3 raffle tickets for fabulous prizes.

All Night Grad PTSO Site
(*fundraiser, raffle*)



Questions/Ideas/Suggestions:
Kirsten Reddish (kfreddish@fcps.edu)



04

**Class
Information**

Senior Council and Sponsors

Annika Markovich

Cara King

Shaheera Kamin

Christopher Hwang

David Freeman

Anthony Zhang

Siddhant KC

Sponsors: Denise Holsinger (dlholsinger@fcps.edu)

Brittani Williams (bcwilliams@fcps.edu)

Senior Class Activities

What has happened so far...

Fall Hey Day

Homecoming

Senior Sunrise

Senior Panoramic Picture

What is coming up...

Spring Hey Day

Prom

Senior Picnic? Senior Trip?

Celebrate Your Plan Day

Senior Sunset

GRADUATION!!

All Night Grad Party

Prom

When: Saturday, May 11, 2024
7-11pm

Where: Westwood Country Club

Cost: TBD



Prom 2023 Highlights



Prom 2023 Highlights



PROM THEME and other Activities!

We need your input!

Please take out
your phone, scan
the QR code, and
complete the survey



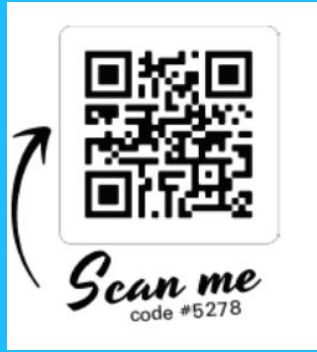


DEADLINE JAN.27

**IT'S TIME TO PURCHASE A BABY AD FOR YOUR SENIOR!
 INFORMATION AND PRICES IN THE LINK BELOW.**

USE CODE 5278

WWW.YEARBOOKORDERCENTER.COM



THANKS!

Have Questions?

Graduation - Mr. Peters fjpeters@fcps.edu

Prom - Dr. DiSalvo pdisalvo@fcps.edu



@wtwclassof2024



@woodsoncavalry



148 Days Until Graduation Day!